**How to Send a Letter to Your MP**

**BSL translation -** [**https://youtu.be/y\_\_vR5Hs0wc**](https://youtu.be/y__vR5Hs0wc)

UK Deaf Sport are running a campaign for fairness for deaf athletes. We are asking the Government to end the discrimination against elite deaf athletes and fund and support them as they do Olympic and Paralympic athletes and support the DeaflympicsGB Team to compete at the Deaflympics.

We need your help to write to your Member of Parliament (MP) to get their support for our campaign. You can add more information into the letter, for example, your story as a deaf athlete, a member of the deaf community or as someone connected to UK Deaf Sport and ask your MP to support our campaign.

The areas in yellow on the letter template need completing or deleting if not relevant to you.

Here’s how:

1. Find out who your MP is by going to <https://members.parliament.uk/FindYourMP> and entering your postcode.
2. Head to the UK Deaf Sport website and download our template letter if it hasn’t been sent to your directly.
3. Insert your MP’s email into the top of the letter. For example:

Neil O’Brien

Neil.obrien.mp@parliament.uk

1. Fill out the letter with your details, including your home address, and remember to fill in why this campaign is important to you, for example, you are a deaf athlete and get no funding.
2. The letter already asks the MP to attend our event in parliament to hear more about the campaign and we can let you know if they attend.
3. Send the letter to your MP using the email address listed on the page. When you email it to your MP, please also send to [ukds@plmr.co.uk](mailto:ukds@plmr.co.uk) to help us keep track of the campaign.
4. You should get a reply from your MP within one to four weeks. Please forward the reply to [ukds@plmr.co.uk](mailto:ukds@plmr.co.uk) and our team can help you with any next steps to keep you MP updated on our campaign.